



Sponsored by the Nerve Research Foundation, Brain and Mind Research Institute, University of Sydney

BENCH TO BEDSIDE

Putting the best available evidence of Low-Level Laser Therapy into clinical practice.

Date: Sunday, September 27, 2009

Time: 8.45am – 4pm

Where: The Brain and Mind Research Institute, University of Sydney
100 Mallet Street, Camperdown, NSW, Australia

8.45 – 9.15am	Registration
9.15 – 9.30am	Welcome and introduction (Prof Patsy Armati - Director NRF)
9.30 – 10.15am	Laser Physics – what you need to know for competent practice (Dr Liisa Laakso – Senior Lecturer, Griffiths University)
10.15 – 10.45am	Current evidence for biological mechanisms of LLLT (Dr Roberta Chow - NRF)
10.45 - 11.00am	Current research on the effects of 650nm LI on DRGs (Ms Laita Bokhari – PhD student USyd/NRF)
10.30 – 11.00am	Morning tea
11.00 – 11.45am	Current evidence for clinical applications of LLLT (Prof Dave Baxter – Dean of Health Sciences, Otago Uni)
11.45 – 12.30pm	Principles of treatment – using neck pain as an example (Dr Roberta Chow)
12.30 – 1.00pm	Lunch
1.00 – 1.30pm	Safety, adverse effects, contraindications, limitations (Dr Liisa Laakso)
1.45 – 2.45pm	Which goes with what? Where does laser fit in practice? - physiotherapy practice (Ms Ann Liebert – Physio/Masters Prog USyd) - general practice (Dr Roberta Chow) - lymphoedema practice (Ms Ann Thelander – physio private practice)
2.45 - 3.00pm	Afternoon tea
3.00 – 4.00	Q & A – ask the questions you’ve always wanted to (small group sessions)

**Please contact Dr Roberta Chow on 0415 229 855 or 02 9634 5000 or robertachow@inet.net.au or Miriam Fuhrmann on 9114 4018 or mfuhrmann@med.usyd.edu.au
Cost: AMLA members \$95; non-members \$115 (includes morning and afternoon tea & lunch)**